February
Journey Suites Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Daily Chronicles & Devotions 12:00 Manicures 2:00 Craft Time 3:00 Social Hour 5:00 Short Stories	2 10:00 Daily Chronicles & Devotions 10:30 Exercise 2:00 Music by: Tara B (Chapel) 3:00 Social Hour 5:00 Creative Time	3 10:30 Daily Chronicles & Devotions 12:00 Bingo 2:00 Social Hour 3:00 1:1 Time 5:00 Puzzles
						
4 10:00 Worship Sing Along 10:30 Daily Chronicles & Devotions 2:00 Social Hour	5 10:00 Daily Chronicles & Devotions 10:30 Exercise 12:00 Bingo 2:00 Social Hour 5:00 Creative Time	6 10:30 Daily Chronicles & Devotions 1:00 Worship Service 1:45 Cardio Drumming 2:00 Social Hour 3:30 Music Therapy 5:30 Pet Therapy with Jill	7 9:00- Eldergrow 10:30 Daily Chronicles & Devotions 12:00 Trivia Time 2:00 Sue's Birthday Party 5:00 Pray the Rosary	8 10:30 Daily Chronicles & Devotions 12:00 Manicures 2:00 History Speaker (Chapel) 3:00 Social Hour 5:00 Creative Time	9 10:00 Daily Chronicles & Devotions 10:30 Exercise 2:00 Music by: Mark Flora (Chapel) 3:00 Social Hour 5:00 Creative Time	10 10:30 Daily Chronicles & Devotions 12:00 - Bingo 2:00 Social Hour 5:00 Puzzles
11 10:00 Worship Sing Along 10:30 Daily Chronicles & Devotions 2:00 Social Hour	12 10:00 Daily Chronicles & Devotions 10:30 Exercise 2:00 Social Hour 5:00 Creative Time	13 10:30 Daily Chronicles & Devotions 1:00 Worship Service 1:45 Cardio Drumming 2:00 Social Hour 3:30 Music Therapy 5:30 Pet Therapy with Jill	Valentines Day 14 10:00 – Decorating Valentines Cookies 1:30 Daily Chronicles & Devotions 2:00 Valentine Social (Chapel) 5:00 Pray the Rosary	15 10:00 Elk River Lutheran Church Service (Chapel) 10:30 Daily Chronicles & Devotions 12:00 Manicures 2:00 Craft Time 3:00 Social Hour	16 10:00 Daily Chronicles & Devotions 10:30 Exercise 2:00 Birthday Party & Music by: Don S (Chapel) 3:00 Social Hour 5:00 Creative Time	17 10:30 Daily Chronicles & Devotions 12:00 Bingo 2:00 Social Hour 3:00 1:1 Time 5:00 Puzzles
18 10:00 Worship Sing Along 10:30 Daily Chronicles & Devotions 2:00 Social Hour	Presidents Day 19 10:00 Daily Chronicles & Devotions 12:30 –Coloring 2:00 Social Hour	20 10:30 Daily Chronicles & Devotions 11:00 -1:00 Flo & Jerry 70th Anniversary 1:00 Worship Service 1:45 Cardio Drumming 3:30 Music Therapy 2:00 Social Hour 5:30 Pet Therapy with Jill	21 9:00 - Eldergrow 10:00 Songs of Hope 10:30 Daily Chronicles & Devotions 12:00 Fun with Food 1:00 Reminiscing 2:00 Ice Cream Outing 5:00 Pray the Rosary	22 10:30 Daily Chronicles & Devotions 12:00 Manicures 2:00 Creative Coloring 3:00 Social Hour 5:00 Short Stories	23 10:00 Daily Chronicles & Devotions 10:30 Exercise 2:00 Music by: Roy Holdren (Chapel) 3:00 Social Hour 5:00 Creative Time	24 10:30 Daily Chronicles & Devotions 12:00 Bingo 2:00 Social Hour 3:00 1:1 Time 5:00 Puzzles
25 10:00 Worship Sing Along 10:30 Daily Chronicles & Devotions 2:00 Social Hour	**26** 10:00 Daily Chronicles & Devotions 10:30 Exercise 12:00 Bingo 2:00 Social Hour 5:00 Creative Time	27 10:30 Daily Chronicles & Devotions 1:00 Worship Service 1:45 Cardio Drumming 2:00 Social Hour 3:30 Music Therapy 5:30 Pet Therapy with Jill	28 10:30 Daily Chronicles & Devotions 12:00 Fun with Food 2:00 Social Hour 5:00 Pray the Rosary	29 10:30 Daily Chronicles & Devotions 12:00 Manicures 2:00 Craft Time 3:00 Social Hour 5:00 Short Stories		