



Daily Chef Specials

January 21st - January 27th

Kitchen# 763-270-3487

SUNDAY 1/21

MONDAY 1/22

TUESDAY 1/23

WEDNESDAY 1/24

THURSDAY 1/25

FRIDAY 1/26

SATURDAY 1/27

BREAKFAST

Choice of Egg's
Bacon or
Sausage
Hashbrowns
Pastry
Fruit

Waffles
Bacon
Scrambled
Egg's
Fruit

Sausage, Egg &
Cheese English
Muffin
Sandwich
Hashbrowns
Fruit

Pancakes
Scrambled
Egg's
Sausage
Fruit

Choice of Egg's
Bacon or
Sausage
Hashbrowns
Pastry
Fruit

Cinnamon Roll
Bacon
Scrambled
Eggs
Fruit

Chef's Choice
Omelets
Sausage
Pastry
Fruit

LUNCH

Dinner Roll
Roast Turkey
w/ Stuffing
Gravy
Vegetable
Blueberry Pie

Biscuit
BBQ Glazed
Boneless Ribs
Mac and Cheese
Baked Beans
Pineapple
upside down
Cake

Dinner Roll
Swedish
Meatballs
Egg Noodles
Vegetables
Red Velvet Cake

Broccoli
Cheese Soup
Herb Focaccia
with Ham,
Salami and
Provolone Melt
Toffee
Cheesecake

Bacon Cheese
Burger
Potato Salad
Pickle
Ice Cream Treat

Country Fried
Pork Fritter
Mashed Potato
Country Gravy
Vegetable
Cream Puff

Stewed Chicken
over Dumplings
with
Vegetable's
Mixed Berry
Crisp

DINNER

Buttered Bread
Goulash
Fruit Garnish
Brownie

Soup and
Sandwich
French Onion
Soup
Ham & Cheese
Melt
Cookies

Beef Taco's
Refried Beans
Sour Cream and
Salsa
Mini Donuts

BBQ Pulled Pork
Tater-Tots
Coleslaw
Pudding

Boneless Chicken
Wings Celery &
Carrot Sticks
Ranch Dressing
Jell-O

Split Pea and
Ham Soup
Bacon and
Tomato Grilled
Cheese Sandwich
Ice Cream

Lasagna
Garlic Breadstick
Vegetable
Rice krispies

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus

Lighter Side Specials

January 21st - January 27th

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SUNDAY 1/21

MONDAY 1/22

TUESDAY 1/23

WEDNESDAY 1/24

THURSDAY 1/25

FRIDAY 1/26

SATURDAY 1/27

BREAKFAST

Cream of
Wheat
w/ Walnuts &
Raisins
Fresh Fruit
Yogurt
Muffin

Avocado Toast
Scrambled
Egg's
Turkey
Sausage
Fruit

Berry & Cream
Oatmeal
Fresh Fruit
Yogurt
Muffin

Scrambled
Egg's
Turkey
Sausage
Wheat Toast
Fruit

Cold Cereal
Muffin
Yogurt
Fruit

Whole Wheat
French Toast
Topped with
Fruit
Turkey
Sausage

Omelet
With Veggies
Cheese
Whole Grain
Toast
Turkey
Sausage
Fruit

LUNCH

Strawberry and
Spinach salad
Blue Cheese,
Chicken and
walnuts
Raspberry
Vinaigrette

Rueben on Whole
Grain Bread
Fresh Fruit

Lemon Pepper
Baked Cod
Mixed Green
Garden Salad
with
Vinaigrette

Chefs Choice
Soup
Blt on Whole
Grain Bread
Fruit

California
Grilled Chicken
Sandwich
Sweet Potato
Tots
Fruit

Baked Tilapia
With Lemon
and Tartar
Sauce
Quinoa Rice
Blend
Vegetables

Steamed
Shrimp
Cocktail Sauce
Sweet Potato
Tot's
Vegetable

DINNER

Spinach BLT
Whole Grain
Bread
Cottage Cheese
Fruit Garnish

Soup and
Sandwich
Chefs Choice Soup
Grilled Cheese on
Whole Grain
Bread

Chicken Taco
Salad
Fresh Salsa
Sweet Potato
Chips

Loaded Baked
Potato
Broccoli
Fruit

Mixed Greens
Salad
Berries, Oranges,
Walnuts, Hard
boiled Eggs
Poppy-seed
Dressing

Chef's Choice
Soup
Deli Turkey and
Cheese
Sandwich
Sweet Potato
Chips

Grilled Steak
Caesar Salad
Wheat Bread
Stick
Fruit

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus