



# Daily Chef Specials

**January 14th - January 20th**

**Kitchen# 763-270-3487**

SUNDAY 1/14

MONDAY 1/15

TUESDAY 1/16

WEDNESDAY 1/17

THURSDAY 1/18

FRIDAY 1/19

SATURDAY 1/20

## BREAKFAST

Choice of Egg's Bacon or Sausage Hashbrowns Pastry Fruit	Waffles Bacon Scrambled Egg's Fruit	Egg Bake Hashbrowns Fresh Fruit Muffin	Pancakes Scrambled Egg's Sausage Fruit	Choice of Egg's Bacon or Sausage Hashbrowns Pastry Fruit	Caramel Roll Bacon Scrambled Eggs Fruit	Chef's Choice Omelets Sausage Pastry Fruit
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## LUNCH

Dinner Roll Pot Roast Gravy Mashed Potatoes Vegetable Cream Pie	Chicken Pot Pie Fresh Fruit Glazed Cranberry Cake	Smoked Pork Loin With Glazed Apples Cheesy Potato Bake Vegetables Cherry Pie	Chili Turkey and Bacon Ranch Melt Fruit Turtle Cheesecake	Double Cheeseburger Special Sauce Sesame Seed Bun French Fries Fruit Ice Cream Treat	Beer Battered Shrimp Roasted Potatoes Coleslaw Lemon Meringue Pie	Dinner Roll Beef Tips with Gravy Mashed Potatoes Vegetable Apple Cinnamon Cobbler
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## DINNER

Corndog Tater Tot's Fruit Speical K Bar	Soup and Sandwich Minestrone Roast Beef and Swiss Fruit Jell-O	Chicken Quesadilla Spanish Rice Salsa and Sour Cream Cream Churro	Cheese Ravioli with Marinara sauce Garlic Breadstick Vegetable Cookie	Turkey Tetrzzini w/Vegetables Breadstick Jelly Bar	Soup and Sandwich Chicken and Rice Soup Egg Salad Croissant Chips Seven Layer Bar	Chicken Strips Honey Mustard Tater Tot's Pudding
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**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

*Engel Haus*

# Lighter Side Specials

January 14th - January 20th

Kitchen# 763-270-3487

SUNDAY 1/14

MONDAY 1/15

TUESDAY 1/16

WEDNESDAY 1/17

THURSDAY 1/18

FRIDAY 1/19

SATURDAY 1/20

## BREAKFAST

Cream of  
Wheat  
with Berries  
and Honey  
Fresh Fruit  
Yogurt  
Muffin

Avocado Toast  
Scrambled  
Egg's  
Bacon  
Fruit

Raisin and  
Walnut  
Oatmeal  
Fresh Fruit  
Yogurt  
Muffin

Scrambled  
Egg's  
Turkey  
Sausage  
Wheat Toast  
Fruit

Cold Cereal  
Muffin  
Yogurt  
Fruit

Whole Wheat  
French Toast  
Topped with  
Fruit  
Turkey  
Sausage

Omelet  
With Veggies  
Cheese  
Whole Grain  
Toast  
Turkey  
Sausage  
Fruit

## LUNCH

Shrimp Caesar  
Salad  
Garlic  
Breadstick  
Fruit

Lemon Pepper  
Baked Cod  
Mixed Green  
Garden Salad with  
Vinaigrette

Steak and  
Vegetable Stir-  
Fry  
Crispy Wonton  
Strips  
Fruit Garnish

Chefs Choice  
Soup  
Deli Ham and  
Cheese  
Sun Chips  
Fruit

California  
Turkey Burger  
Sweet Potato  
Fries  
Fruit

Baked Lemon-  
Herb Salmon  
Sweet Potatoes  
Vegetable

Turkey Rueben  
Sweet Potato  
Fries  
Fruit Garnish

## DINNER

Spinach BLT  
Whole Grain Bread  
Cottage Cheese  
Fruit Garnish

Chefs Choice Soup  
Pesto, Tomato,  
and Provolone  
Melt  
Sweet Potato Chip  
Fruit

Tuna Melt on  
Whole Grain  
Bread  
Side Salad w/ Light  
Ranch Dressing

Green Salad  
Cucumbers  
Onions  
Tomatoes  
Chopped Eggs  
Bacon  
Ranch Dressing

BBQ Grilled  
Chicken Breast  
Baked Potato  
Vegetable

Chefs Choice  
Soup  
Salami &  
Cheddar on  
Wheat  
Fruit

Breaded  
Pollock Nuggets  
Tartar sauce  
Carrot Sticks  
with Ranch Dip  
Fruit

**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

Engel Haus