



# Daily Chef Specials

**December 17th-December 23rd**

**Kitchen# 763-270-3487**

SUNDAY 12/17

MONDAY 12/18

TUESDAY 12/19

WEDNESDAY 12/20

THURSDAY 12/21

FRIDAY 12/22

SATURDAY 12/23

## BREAKFAST

Choice of Egg's Bacon or Sausage Hashbrowns Muffin Fruit	Waffles Bacon Scrambled Egg's Fruit	Bacon, Onion, and Cheese Quiche Hashbrowns Fruit	Pancakes Scrambled Egg's Sausage Fruit	Choice of Egg's Bacon or Sausage Hashbrowns Muffin Fruit	Caramel Roll Bacon Scrambled Eggs Fruit	Chef's Choice Omelets Sausage Pastry Fruit
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## LUNCH

Dinner Roll Roast Turkey Breast Maple Mashed Sweet Potato Green Bean Casserole Oreo Cake	Country Style Pork Rib Sauerkraut Roasted Potatoes Vegetable Fruit of The Forest Pie	Beef Stroganoff Over Egg Noodles Vegetable Orange Glazed Cranberry Cake	Sausage and Chicken Gumbo Grilled Cheese Sandwich Fruit Peppermint Cheesecake	Sloppy Joe Shoestring Fries Pickle Ice Cream Treat	Butterfly Shrimp Baked Potato Sour Cream Coleslaw Cocktail Sauce Lemon Meringue Pie	Biscuit Fried Chicken Mashed Potato Gravy Buttered Corn Blueberry Cobbler
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## DINNER

Philly Cheesesteak Chips Pickles Fruited Jell-O	Minestrone Roast Beef and Swiss Sandwich Fruit Banana Bars w/ Cream cheese Frosting	Chicken Soft Taco's Lettuce, Tomato, Cheese, Salsa, & Sour Cream Refried Beans Cinnamon Churro	Pork Tenderloin Sandwich W/ Lettuce, Tomato. and Mayo on a Bun Chips Pickle Pecan Bars	Chicken Alfredo Pasta Garlic Bread Vegetable Cookie	Beef Barley Turkey Salad Sandwich Fruit Pudding	Goulash Buttered Bread Vegetable Brownie
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**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

*Engel Haus*

# Lighter Side Specials

**December 17th-December 23rd**

**Kitchen# 763-270-3487**

SUNDAY 12/17

MONDAY 12/18

TUESDAY 12/19

WEDNESDAY 12/20

THURSDAY 12/21

FRIDAY 12/22

SATURDAY 12/23

## BREAKFAST

Cream of  
Wheat  
with Berries  
and Honey  
Fresh Fruit  
Yogurt  
Muffin

Poached Egg's  
on Avocado  
Toast  
Turkey Sausage  
Fruit

Raisin and  
Walnut  
Oatmeal  
Fresh Fruit  
Yogurt  
Muffin

Scramble Egg's  
with Onions,  
Peppers, and  
Cheese  
Turkey Sausage  
Wheat Toast  
Fruit

Cold Cereal  
Muffin  
Yogurt  
Fruit

Whole Wheat  
French Toast  
Topped with  
Fruit  
Turkey Sausage

Omelet  
With Veggies  
Cheese  
Whole Grain  
Toast  
Turkey Sausage  
Fruit

## LUNCH

Lemon-Pepper  
Cod  
Side Salad  
Choice Of  
Dressing  
Fruit

Chicken Stir-Fry  
Brown Rice  
Fruit

BLT Salad  
Breadstick  
Light Ranch  
Dressing

Chef's Choice  
Soup  
Turkey and  
Cheese on  
Wheat  
Fruit

Turkey Burger  
With Lettuce,  
Tomato, Light  
Mayonnaise  
Whole Grain  
Chips

BBQ Grilled  
Chicken  
Baked Potato  
Vegetable

Fish Sandwich  
On a Wheat  
Bun  
W/ Lettuce,  
and Tartar  
Sauce  
Fruit

## DINNER

Cobb Salad  
Breadstick  
Fruit

Chef's Choice  
Soup  
Egg Salad  
Croissant  
Fruit

Shrimp Taco's  
Lettuce, Fresh Salsa,  
Diced Onions and  
Sour Cream  
Spanish Brown Rice

Grilled Chicken  
Nuggets  
Sweet Potato  
Fries  
Light Ranch Dip

Tortellini With  
Roasted  
Vegetable  
Marinara  
Parmesan  
Cheese  
Breadstick

Chef's Choice  
Soup  
Ham and  
Cheese on  
Wheat  
Fruit

Chicken Caesar  
Salad  
Breadstick

**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

*Engel Haus*