



Daily Chef Specials

September 24th-September 30th

Kitchen# 763-270-3487

SUNDAY 9/24

MONDAY 9/25

TUESDAY 9/26

WEDNESDAY 9/27

THURSDAY 9/28

FRIDAY 9/29

SATURDAY 9/30

BREAKFAST

Two Egg's
Sausage
Fried Potatoes
Pastry
Fruit

Waffles
Bacon
Scrambled
Egg's
Fruit

Biscuits and
Gravy
Scrambled
Eggs
Hashbrowns
Fruit

Pancakes
Scrambled Egg's
Sausage
Fruit

English Muffin
Egg Sandwich
with Bacon
Hasbrowns
Fruit

Caramel Roll
Bacon
Scrambled Eggs
Fruit

Chef's Choice
Omelets
Pastry
Fruit

LUNCH

Dinner Roll
Carved Pork
Roast
Gravy
Stuffing
Vegetable
Yellow Cake
w/Chocolate
Frosting

Chicken And
Dumplings
Fresh Fruit
Toffee
Cheesecake

Chopped Steak
Mushroom
Onion Gravy
Mashed Potato
Vegetable
Blueberry Pie

Creamy Tomato
Basil
with Grilled 3
Cheese
Sandwich
Fruit
Strawberry
Pretzel Salad

Cheese-Bread
Spaghetti and
Meatballs
Vegetable
Tiramisu

Sweet and Sour
Chicken
Cheese
Wonton's
Fried Rice
Vegetable
Lemon Cupcake

Dinner Roll
Carved Ham
Cheesy Potato
Cassarole
Vegetable
Strawberry
Cream Pie

DINNER

Chow Mein
Crispy Noodles
Egg Roll
White Rice
Cream Puffs

Potato & Bacon
Soup
Grilled Ham &
Swiss Sandwich
Sun Chips
Brownie

Beef Taco's
Spanish Rice
Sour Cream and
Salsa
Churro Cupcakes

Breaded Chicken
Tender's with
Honey Mustard
French Fries
Coleslaw
Cookie

Open Faced Pot
Roast Sandwich
Mashed Potatoes
Vegetable
Jello

Corn Chowder
Cold Cut Sub
Sandwich
Chips
Fruit
Rice Crispy Treat

Lasagna
Garlic Breadstick
Vegetable
Pound Cake w/
Berries

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus

Lighter Side Specials

September 24th - September 30th

Kitchen# 763-270-3487

SUNDAY 9/24

MONDAY 9/25

TUESDAY 9/26

WEDNESDAY 9/27

THURSDAY 9/28

FRIDAY 9/29

SATURDAY 9/30

BREAKFAST

Oatmeal w/
Blueberries,
Pecans, and
Honey
Muffin
Fruit

Tomato &
Spinach Egg
Sandwich on
Whole Grain
English muffin
Turkey Sausage
Fruit

Cream of
Wheat
w/ Raisins and
Brown Sugar
Fruit
Muffin

Sweet Potato
Hash, with
Turkey Sausage
Veggies, and
Egg's
Fruit
Wheat Toast

Cold Cereal
Whole Grain
English Muffin
Yogurt
Fruit

Whole Grain
French Toast
Turkey Sausage
Fruit

Vegetable
Frittata
Whole Grain
English Muffin
Turkey Sausage
Fruit

LUNCH

Herb Baked
Chicken
Sweet Potatoes
Vegetable

Lemon-Pepper
Baked Cod
Steamed
Brown Rice
Vegetable

Chicken Stir-Fry
Brown Rice
Fruit

Chefs Choice
Soup
Roasted Turkey
and Avocado
B.L.T.
Fruit

Turkey Burger
w/ Mushrooms
and Swiss
Sweet Potato
Fries
Fruit

Honey-Garlic
Glazed Salmon
Roasted
Potatoes
Vegetable

Shrimp and
Avocado Salad
Breadstick
Light Ranch
Dressing

DINNER

Turkey Club
Salad
Light Ranch
Breadstick

Chef's Choice
Soup
Grilled Chicken
Sandwich on
Wheat Bun
Fruit

Chicken Stuffed
Peppers
Salsa And sour
cream
Whole Grain
Chips

Ground Turkey
Sweet Potato
Bake
Whole Wheat
Bun
Fruit

Mixed Greens
with Apples,
Walnuts, Blue
Cheese, and
Bacon
Breadstick
Dressing

Chef's Choice
Soup
Egg Salad
Croissant
Chips
Fruit

Garlic-Olive
Baked Cod
Roasted
Potatoes
Vegetable

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus