Lunch Menu June 12th-June 18th

Juardian Angels

ERVIEW LANDING

Chefs Special

Monday **BBQ Pulled Pork Sandwich, Baked Beans, Corn** <u>Tuesday</u> Beef Pot Roast, Demi Glace, Mashed Potato, Beets <u>Wednesday</u> Seared Chicken Thighs with Herb Garlic Cream Sauce, **Rice**, Vegetable <u>Thursday</u> Pork Tenderloin with Apple and Bourbon Sauce, Apple Stuffing, Vegetable Fríday Father Day Cookout– Steak Medallions, Bacon Wrapped BBQ Shrimp, Parsley Buttered Red **Potatoes, Vegetables** Saturday Beer Battered Chicken Strips, Potato Wedges, **Cucumber Salad** <u>Sunday</u>

Spaghetti & Meat sauce, Garlic Toast

<u>(Come join us on the outdoor patio Friday to celebrate</u> <u>fathers day!)</u> On the Lighter Side...

<u>Monday</u> Turkey Burger with basil mayo and provolone cheese, Sweet Potato, Corn

> <u>Tuesday</u> Chef Salad, Roll <u>Wednesday</u>

Grilled Ham & Cheese on Whole Grain Bread, Low Sodium Tomato Soup <u>Thursday</u>

"Skinny Chicken"- Chicken, Green Beans, Tomato, Avocado, Feta Cheese with a Hint of Lemon

Fríday Chicken Breast, Parsley Butter Red Potatoes, Vegetables

<u>Saturday</u>

Turkey on Whole Grain Bread, Reduced Sodium Soup

Sunday Lemon Pepper Baked Cod, Rice Pilaf, Vegetable

Supper Menu June 12th-June 18th <u>Chef's Specíal</u>

<u>Monday</u> Hot Roast Beef & Swiss, Chips <u>Tuesday</u> Tater Tot Casserole, Dinner Roll

<u>Wednesday</u> **Cheeseburger, Fried Onions, Sweet Potato Fries**

Thursday Crispy Chicken Breast, Mashed Potatoes, Gravy, Corn

<u>Fríday</u> Chicken and Shrimp Stir-fry, Fried Rice, Egg Roll <u>Saturday</u>

Beef Tacos, Hard or Soft Shell, Lettuce, Cheddar Cheese, Onion

<u>Sunday</u> Monte Cristo, Strawberry dipping sauce, Tater-Tot's

