

LIGHTER SIDE SPECIAL'S

May 14th- May 20th

Dining Room Hours

Breakfast: 7:30 AM-9:00 AM Lunch: 11:30 AM-12:30 PM

Supper: 4:30 PM-5:30 PM

BREAKFAST								
Sunday 5/14	Monday 5/15	Tuesday 5/16	Wednesday 5/17	Thursday 5/18	Friday 5/19	Saturday 5/20		
Oatmeal	Poached Egg's	Cream of Wheat	Egg Scramble with	Oatmeal	Cold Cereal	Tomato and Egg		
Fresh Berries	on Avocado Toast	with Honey	Vegetables	Raisins, and Walnuts	Milk	White Frittata		
Muffin	Turkey Sausage	Fruit	Whole Grain Toast	Fresh Fruit	Hard Boiled Egg	Whole Grain Toast		
Fruit	Fruit	Yogurt	Turkey Sausage	Muffin	Fresh Fruit	Fruit		
		Muffin	Fruit		Muffin			
% Нарру								
Mother's	9							
Day		LUNCH						
Golden Fried Shrimp	Chicken and	Open Faced Tuna	Chef's Choice Soup	Grilled Chicken	Salmon with Herbed	Beef Stir-Frv		

Golden Fried Shrimp	Chicken and	Open Faced Tuna	Chef's Choice Soup	Grilled Chicken	Salmon with Herbed	Beef Stir-Fry
Lemon and Tartar	Vegetable Stir-Fry	Melt	Toasted Turkey Club	Burger with Swiss	Hollandaise	Brown Rice
Baked Potato	Brown Rice	Whole Grain Chips	Fruit	Cheese and Honey	Roasted Sweet	Fruit
Vegetable	Fruit	Fruit		Mustard Sauce	Potatoes	
				Lettuce &Tomato	Vegetable	
				Cottage Cheese		
				Fruit		

SUPPER

			3011 LIX			40
Chicken Caesar Salad	Chef's Choice Soup	Smoked Chicken	Grilled Chicken	Chicken and Spinach	Chef's Choice Soup	Strawberry Chicken
Breadstick	Egg Salad Croissant	Sausage	Sandwich	Flatbread	Ham and Swiss	Spinach Salad, Red
Fruit	Fruit	Fruit	W/ Lettuce, Tomato	Side Salad	Sandwich with	Onions,
		Cottage Cheese	and Light		Lettuce, Tomato, and	Blue Cheese, Pecans
			Mayonnaise		Light Mayonaise	Balsamic Dressing
			Sweet Potato Chips		Fruit	Breadstick
	2		Fruit			



MENU SUBJECT TO CHANGE

Kitchen Number: 763-270-3487

