

# Lunch Menu

February 13<sup>th</sup> - February 19<sup>th</sup>

## Chef's Special

### Monday

BBQ Smoked Country Style Pork Ribs, Baked Beans, Corn  
Cheesecake with Fruit Topping

### Tuesday

Dinner Roll, Sliced Beef Tenderloin with Demi Glace, Garlic  
Broiled Shrimp, Baked Potato, Chocolate Torte

### Wednesday

Seared Chicken Thighs with Herb Garlic Cream Sauce, Roasted  
Potatoes, Vegetable, White Cake with Chocolate Frosting

### Thursday

Carved Pork Tenderloin with Apple and Bourbon Sauce,  
Delmonico Potatoes, Vegetable, Lemon Pudding

### Friday

Shrimp Boil with Drawn Butter, Sausage, Potato, Sweet Corn,  
Drawn Butter, and Buttermilk Biscuit, Banana Cream Pie

### Saturday

Dinner Roll, Beef Stroganoff, Egg Noodles, Vegetable  
Pound Cake with Berries and Whipped Cream

### Sunday

Chicken Kiev, Garden Rice Pilaf, Vegetable

## On the Lighter Side...

### Monday

Grilled BBQ Chicken Breast, Sweet Potatoes, Steamed Vegetable

### Tuesday

Shrimp Caesar Salad, Garlic Breadstick

### Wednesday

Grilled Cheese on Whole Grain Bread, Reduced Sodium  
Tomato Soup

### Thursday

Lemon Pepper Baked Cod, Rice Pilaf, Vegetable

### Friday

Strawberry Chicken Spinach Salad with Blue Cheese, Candied  
Pecans, Breadstick, and Poppy Seed Dressing

### Saturday

Grilled Salmon with Lemon and Tartar, Baked Potato, Vegetable

### Sunday

Turkey Salad on Whole Grain Bread, Sun Chips, Reduced Sodium  
Soup

# Dinner Menu

February 13<sup>th</sup> - February 19<sup>th</sup>

## Chef's Special

### Monday

Italian Meatball Hoagie, Waffle Fries, Pickle

### Tuesday

Goulash, Buttered Bread, Vegetable

### Wednesday

Cheeseburger Sliders, Fired Onions, French Fires, Pickle

### Thursday

Chicken Fingers, Mashed Potatoes, Gravy, Vegetable

### Friday

Pepperoni and Sausage Pizza, Side Salad with Ranch Dressing

### Saturday

Beer Battered Shrimp, Potatoes Wedges, Cocktail and Lemon, Coleslaw

### Sunday

Monte Cristo, Strawberry dipping sauce, Tater-Tot's

## On the Lighter Side...

### Monday

Tuna Melt on Whole Grain Bread, Multigrain Chips

### Tuesday

Grilled Chicken Nuggets, Celery, and Carrot Sticks with Ranch Dipping Sauce

### Wednesday

California Turkey Burger, Sweet Potato Fries

### Thursday

Steak Stir-fry, Brown Rice, Wontons

### Friday

Whole Wheat Pasta with Ground Turkey Meat sauce, Wheat Breadstick, Vegetable

### Saturday

Grilled Chicken Breast, Sweet Potato, Vegetable

### Sunday

Shrimp Fried Rice, Steam Broccoli