



September 1st, 2022

Riverview Landing Connection

LIFE IS A JOURNEY

By Ardelle Dahlin

You want me to do WHAT??

When my children gifted me with a book on my 90th Mother's Day, a year ago, little did I expect it was to be a book written by me about my life! I was to choose a question every Monday morning from StoryWorth, write my response and send it to them by the end of the week. My children could add questions to the list if they chose to.

This was a challenge I wasn't sure I could tackle! A story a week for a year? The questions covered a variety of subjects so I preceded to read the first question. "What is your favorite memory of your mother?" I did have wonderful memories of her so I proceeded to add them to my story. Whew! That wasn't too difficult but it's just a start!

The questions varied to include all aspects of my life from childhood, my teen years to my marriage and family. Questions about my growing up on a farm, attending a one room country school, moving several times, joining several churches and along the journey, meeting wonderful friends.

My son Steve suggested that I might have some photos that could relate to the questions so I began going through piles of albums. This was the an emotional journey but I found many pictures that could be added and of course more memories!

The final question was, "As you reflect on each part of your life, what are some of the lessons you have learned?" I realize that every experience in my life was a learning experience! These experiences mold us into the persons we are and continue into our older years. I have learned how important it is to listen more, talk less and value friendships.

My journey in life had led me here at Riverview Landing where I have found many new friends, a caring staff always ready to answer questions and help when needed. I have been so blessed on my journey!!



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RESIDENT BIRTHDAYS

Hazel Shaw– September 6th

Myron Grams– September 8th

Dwayne Erickson– September 11th

Pauline Kuhn– September 13th

Jerry Bird– September 14th

Delores McMasters– September 16th

Don Sension- September 16th

Irene Billbe- September 26th

NATIONAL DAY ON YOUR BIRTHDAY

National Read a Book Day– September 6th

Pardon Day– September 8th

Patriot Day– September 11th

National Peanut Day– September 13th

National Cream Filled Donut Day– September 14th

National Play-Doh Day– September 16th

National Guacamole Day- September 16th

National Pancake Day- September 26th

“Contentment is not the fulfillment of what you want, bit the realization of how much you already have”



HAPPY ANNIVERSARY!

Linda and Otto Hubachek **September 30th**

RESIDENT AND FAMILY PICNIC

Kudos to the staff of Riverview Landing for planning and executing the return of the annual family picnic after not being able to host it for two years of COVID-19 restrictions. Approximately 400 people enjoyed a late afternoon get together, and from the vantage point of my apartment, it didn't just happen, it was well planned!

Things began to "take shape" on August 10 when a pickup arrived with a bouncy house, and the anticipation began. Thursday's weather couldn't have been better, and the rental company began arriving with tents and folding chairs. It seemed that every time I looked out my window, Todd and Brandy were busy transferring our back yard into a huge park. Early in the afternoon, a musician appeared with his guitar and microphone and was set for two solid hours of good entertainment. The kitchen crew set up a serving line and when guests began to arrive, the entire staff was involved greeting and serving family member guests. The memory care residents were seated with their guests on the second-floor balcony which is decorated beautifully by the garden club. The yard games attracted several families who seemed to be having fun together. As the guests began to leave, the cleanup began, and again the staff worked efficiently to put things back in order, ready to be picked up on Friday. So, Riverview Landing Staff, thank you for a successful party and for all that you continue to do! It appeared that a good time was had by all!



A DEBBIE OF ALL TRADES

My name is Debbie Weil. I grew up in Anoka, but I call Elk River home now. My husband and I are empty nesters. We have four adult children, and I like to joke and say they only come home for food, laundry or money, but we are blessed with children that still enjoy spending time with us. You can find us on most Friday or Saturday nights in competitive games of dominos, cards, Machi Koro or any other new game someone decides to try out. I very rarely win, but they still let me join in.

I spent eight years working at a senior care facility in New Hope, providing non-medical transportation. I watched Riverview Landing being built from the ground up, and I knew in my heart that I belonged working in my own community. In September of 2018, I was lucky enough to be provided the opportunity to become the lead bus driver for Guardian Angels. In 2020, when COVID-19 hit, I was asked to help at the front desk of Riverview Landing. Little did I know this building, I so admired when it was being built, would become my favorite place to be. I decided to take a leave of absence to help care for my own parents when their health started to fail. It has been a challenging year, but things have settled down, and I wanted to be back in the building where I made so many friends with staff & residents. I am thankful Mindy & Todd found a place for me to be. I get a lot of surprised looks when I am spotted in the building. As I like to tell people—"I am like a gopher.. You never know where I will pop up next".

“A PRAYER FOR TODAY”

This is the beginning of a new day. God has given me this day to use as I will. I can waste it— or use it for good, but what I do today is important, because I am exchanging a day of my life for it! When tomorrow comes, this day will be gone forever, leaving in its place something that I have traded for it. I want it to be gain, and not loss; good, and not evil; success, and not failure; in order that I shall not regret the price that I have paid for it. -W. Heartstill Wilson

WELCOME NEW NEIGHBORS

Beverly Hansen, in apt 446, moved to Riverview Landing from Becker, MN. Beverly was born in Brooklyn Center and raised 3 wonderful children with her late husband Glen. Beverly is a “social butterfly” and actually knows a few residents in the building; which she found out after she moved here. Stop by and say Hi.

Marion Marcott, in apt 317, moved to Riverview Landing from Elk River. She was married for 58 years and has 4 children. Marion lived most of her years in Minnetonka. She is a former Registered Nurse, having worked in the hospital setting in both Minneapolis, MN and Macon, GA. Please give her a warm welcome!

Eugene “Gene” and Donna Utecht, in apt 277, relocated to Riverview landing from Grand Rapids, MN. They have been married for 69 years having raised 8 children. They have lived most of their years in northern MN, but wanted to be closer to immediate family. Donna is a retired “home-maker” and Gene worked as the President of UFCW Local 633. Both Gene and Donna would love to get involved as they are settling in.

Trash Rooms

We all have it— trash and recycling— and find our ways to the trash rooms regularly. We want to share a reminder that the big blue containers are Recycling ONLY. Styrofoam to-go containers are not recyclable. Also, all recycling should be free (not in a tied bag). All trash should go down the “Rubbish” chute in a tied plastic/garbage bag.

Dementia

Tip of the Month

If you are supporting someone with Alzheimer’s disease, you may find it difficult to know how to help and how much to help. Sometimes he needs help but wants to look after personal care independently. This can be frustrating, especially when you know you could carry out the task more quickly, or help do the task more efficiently. Try to avoid the temptation to take over, even if he is really struggling. The loss of confidence could make it harder for him to keep trying.



IN MEMORIAM

Beulah Kienitz– January 25th, 1928– August 9th, 2022
Beulah will be remembered as a soft spoken, kind woman that was a caregiver to many. Beulah lived at Riverview Landing since the 2nd day we opened and made many friends with her bright smile and kind heart.

*“Mothers hold their children's hands for a while, but their hearts forever.”
– Unknown*

UPCOMING ACTIVITIES TO LOOK FORWARD TO

Back to the 50's dance

Healthy Eating Presentation giving away vegetables

Let's Go Fishing boating & Fishing on

MN Arboretum

Lunch at Emma Krumbees & Largest Candy Store

Maple Grove Farmers Market

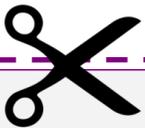
101 Market

Al & Almas Brunch Cruise

Live Music on Fridays



CUT HERE



TIME TO VOTE

Newsletter naming ideas are and it is time to make your choice.

Cut bottom of page off with your vote and turn in to front desk:

- | | |
|---|--|
| <input type="checkbox"/> The Review | <input type="checkbox"/> Lighthouse |
| <input type="checkbox"/> River Views & News | <input type="checkbox"/> Riverview Beacon |
| <input type="checkbox"/> RVL Tidings | <input type="checkbox"/> Mississippi Beacon |
| <input type="checkbox"/> The Guardian | <input type="checkbox"/> Mississippi Musings |
| <input type="checkbox"/> News of the View | <input type="checkbox"/> River Notes |