




# November 2016



**Guardian  
Angels**  
SENIOR COMMUNITY

Angels On Main Adult Day Services  
922 Main Street, Elk River, MN 55330  
763-241-6845 www.guardianangelsmn.org

ANGELS ON MAIN

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><u>1</u> Morning Stretch &amp; News <i>Dave's Alaska Photo Exhibit</i> News &amp; Views Good Old Days Spin Ball Cribbage &amp; Games</p>	<p><u>2</u> Morning Stretch &amp; News <u>10:00 Opt. Library</u> Ring Toss News &amp; Views Trivia <i>Dave's Alaska Photo Exhibit</i></p>	<p><u>3</u> Morning Stretch &amp; News <u>10:00 Meryl &amp; Bichone Dogs</u> News &amp; Views Quiz 4-Pin Drop Sing-A-Long</p>	<p><u>4</u> Morning Stretch &amp; News Golf Ball Toss News &amp; Views Short Stories White Board -3 of the Same POKENO</p>
<p><u>7</u> National Tongue Twister Day! Morning Stretch &amp; News Bean Bag Toss News &amp; Views Fuzzy Wuzzy Was a Bear..... Pumpkin Bars Snack</p>	<p><u>8</u> Election Day - Straw Voting Morning Stretch &amp; News Ring Toss News &amp; Views Trivia <i>Music-Kevin Wegman</i></p>	<p><u>9</u> Morning Stretch &amp; News 4-Pin Drop News &amp; Views Chicken Soup Stories <i>1:30 Spiritual Refreshment with Chaplain Margaret</i></p>	<p><u>10</u> <u>9:15 Opt. Trip to Honor Veterans-E.R. Activity Center</u> Morning Stretch &amp; News Golf Ball Toss News &amp; Views Short Stories White Board Games</p>	<p><u>11</u> Honor Veterans-GA+Elim! Morning Stretch &amp; News Spin Ball <i>Veteran's Day Brunch</i> News &amp; Views Good Old Days <i>1:00 Music-Scott Fraser</i></p>
<p><u>14</u> Celebrate Harley's B'Day! Morning Stretch &amp; News Ring Toss News &amp; Views Trivia Cards and/or Games</p>	<p><u>15</u> Celebrate Lori's B'Day! Morning Stretch &amp; News <i>Dave's Alaska Photo Exhibit</i> News &amp; Views 4-Pin Drop SKIPBO &amp; Games</p>	<p><u>16</u> Morning Stretch &amp; News Golf Ball Toss News &amp; Views Short Stories Sing-A-Long Cribbage &amp; Games</p>	<p><u>17</u> Morning Stretch &amp; News <i>Dave's Alaska Photo Exhibit</i> News &amp; Views Spin Ball <i>Music-A Touch of Joy!</i></p>	<p><u>18</u> World Hello Day! <u>9:30 Opt. Poinsettia Trip</u> <i>*May bring \$ for plants</i> Morning Stretch &amp; News Planet Earth Video News &amp; Views Bean Bag Toss</p>
<p><u>21</u> Celebrate Bill-B'Day 11/24! <i>Universal Children Day</i> Morning Stretch &amp; News 4-Pin Drop News &amp; Views Trivia Hangman</p>	<p><u>22</u> Celebrate Bud-B'Day 11/25! Morning Stretch &amp; News Golf Ball Toss News &amp; Views Short Stories <i>1:30 Spiritual Refreshment with Chaplain Margaret</i></p>	<p><u>23</u> Morning Stretch &amp; News Spin Ball News &amp; Views <b>Decorate Turkey Cupcakes</b> Three Sister's Thanksgiving <i>1:30 Music Roy Billmark</i></p>	<p><u>24</u> <b>Closed</b>  Happy Thanksgiving</p>	<p><u>25</u> <b>Closed</b>  Give Thanks!</p>
<p><u>28</u> Morning Stretch &amp; News Golf Ball Toss News &amp; Views Short Stories Cards and/or Games <i>Happy Hour</i></p>	<p><u>29</u> Morning Stretch &amp; News <u>9:30 Ladies Coffee with Friends *Please bring \$5</u> Spin Ball News &amp; Views Good Old Days White Board Games</p>	<p><u>30</u> Celebrate Paula's B'Day! Morning Stretch &amp; News You Choose:) News &amp; Views Trivia Hangman BINGO</p>	<p><u>Daily:</u> <i>9:00 Coffee/ Cocoa/Toast 11:30 Lunch 2:30 Snack</i></p>	