

June 1 - 7 Hallway Activity Schedule

Find TV Channel 1-2 for updates & weekly schedules!

1st Floor

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Wellness Stretch/Strength 10:00am Lori R.		Wellness Cardio/Stretch 10:00 AM Lori R. Garden Club (*limit 6) 10:00am 2nd Floor Patio Melissa Library Cart Afternoon Melissa			
	Chaplain Visits			Bingo! 3:30pm Melissa	Calls w/ Zoom or FaceTime Activity Staff

2nd Floor

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
	Wellness Cardio/Stretch 9:30am Meet in South Hallway Lori R.	Garden Club (*limit 6) 10:00am 2nd Floor Patio Melissa	Wellness Cardio/Stretch 9:30am Meet in South Hallway Lori R.	Library Cart Morning Melissa	
	Chaplain Visits				
Exercise Class 1:00pm Memory Care Lori R.		Patriotic Sing-Along 1:00pm Memory Care Lori R.	Bingo! 3:30pm Melissa		Calls w/ Zoom or FaceTime Activity Staff

3rd Floor

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Wellness Stretch/Strength 10:30am S/SW Hall 11:00am N/NW Hall Lori R.		Garden Club (*limit 6) 10:00 AM 2nd Flr Patio Wellness Cardio/Stretch 10:30am S/SW Hall 11:00am N/NW Hall Lori R.			
	Chaplain Visits				
		Library Cart Afternoon Melissa		Bingo! 2:00pm S/SW Hall 2:45pm N/NW Hall Melissa	Calls w/ Zoom or FaceTime Activity Staff

4th Floor

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
	Wellness Cardio/Stretch 10:00am N/NW Hall 10:30am S/SW Hall Lori R.	Garden Club (*limit 6) 10:00am 2nd Floor Patio Melissa	Wellness Stretch/Strength 10:00am N/NW Hall 10:30am S/SW Hall Lori R.	Library Cart Morning Melissa	
	Chaplain Visits				
			Bingo! 2:00pm S/SW Hall 2:45pm N/NW Hall Melissa		Calls w/ Zoom or FaceTime Activity Staff

Note: Times are estimated, and we will do our best to stick to these as much as possible.

Please open your door if you would like to participate for wellness. A chair in the hallway is welcome, but please maintain social distancing guidelines of staying at least 6 feet apart and wear a facemask for all hallway activities.