



# Daily Chef Specials

**April 14th - April 20th**

**Kitchen# 763-270-3487**

SUNDAY 4/14

MONDAY 4/15

TUESDAY 4/16

WEDNESDAY 4/17

THURSDAY 4/18

FRIDAY 4/19

SATURDAY 4/20

## BREAKFAST

Cinnamon Roll  
Scrambled  
Eggs  
Bacon  
Fruit

Choice of Egg's  
Bacon or  
Sausage  
Hashbrown's  
Pastry  
Fruit

Waffles  
Bacon  
Scrambled  
Egg's  
Fruit

Croissant  
Sandwich w/  
Egg  
Sausage Patty  
& Cheese  
Hash browns  
Fruit Garnish

Pancakes  
Scrambled  
Egg's  
Sausage  
Fruit

Chef's Choice  
Omelet  
Bacon  
Pastry  
Fruit

French Toast  
Scrambled  
Egg's  
Sausage  
Fruit

## LUNCH

Dinner Roll  
Roasted Turkey  
Mashed  
Potatoes Gravy  
Vegetable  
Apple Pie

Garlic  
Breadstick  
Spaghetti with  
Meat Sauce  
Vegetable  
Cannoli

Garlic-Herb  
Pork Tenderloin  
w/ Gravy  
Cheesy  
Potatoes  
Vegetable  
Cherry Cake  
Chocolate  
Frosting

Roasted Tomato  
and Gouda  
Soup  
Cuban Ham  
Sandwich  
Fruit  
Chocolate  
Cream Pie

Double Cheese  
Burger  
Special Sauce  
Sesame Seed  
Bun  
French Fries  
Pickle  
Ice Cream

Corn  
Muffin  
BBQ Ribs  
Potato Salad  
Baked Beans  
White Cake  
with  
Buttercream  
and Berries

Chicken Cordon  
Bleu  
Creamy  
Potato  
Casserole  
Vegetable  
Poke Cake

## DINNER

Honey  
BBQ Chicken  
Tender Snack  
Wrap  
Seasoned Tater  
Tot's  
Pudding

Chicken Pot Pie  
Soup  
Grilled Ham and  
Cheese  
Fruit  
Jell-O

Sesame Chicken  
with Broccoli  
Fried Rice  
Egg Roll  
Chocolate  
Cupcake

Bratwurst  
Caramelized  
Onions  
Potato Salad  
Chips  
Mini Donut

Goulash  
Fresh Baked Roll  
Fruit Garnish  
Peanut Butter  
Brownie

Vegetable Beef  
Barley Soup  
Roasted Turkey  
& Avocado BLT  
Chips  
Ice Cream

Italian  
Shredded Beef  
Sandwich with  
Provolone  
Au Jus  
Pickle  
Fruit  
Cookie

**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

*Engel Haus*

# Lighter Side Specials

**April 14th - April 20th**

**Kitchen# 763-270-3487**

SUNDAY 4/14

MONDAY 4/15

TUESDAY 4/16

WEDNESDAY 4/17

THURSDAY 4/18

FRIDAY 4/19

SATURDAY 4/20

## BREAKFAST

Oatmeal  
With Berries,  
Honey and  
Walnuts  
Muffin  
Yogurt  
Fruit

Avocado  
Toast  
Scrambled  
Egg's  
Low Sodium  
Bacon  
Fruit

Cold Cereal  
Muffin  
Yogurt  
Fruit

Scrambled  
Egg's  
Low Sodium  
Bacon  
Wheat Toast  
Fruit

Oatmeal  
With Raisins,  
Brown Sugar  
and Walnuts  
Muffin  
Yogurt  
Fruit

Omelet  
With Veggies  
Cheese  
Whole Grain  
Toast  
Low Sodium  
Bacon  
Fruit

Whole Wheat  
French Toast  
Topped with  
Fruit  
Low Sodium  
Bacon

## LUNCH

Grilled Chicken  
Mixed Field  
Greens  
with Berries,  
Pecans and Blue  
Cheese  
Raspberry  
Vinaigrette

BBQ  
Chicken  
Baked Potato  
Vegetable

Grilled Steak  
and Vegetable  
Stir-fry  
Brown Rice  
Topped with  
Crispy Wonton  
Strips  
Fruit

Chefs Choice  
Soup  
Deli Ham &  
Cheese Sandwich  
Lettuce, Tomato  
with Light  
Mayonnaise  
Multi Grain

California  
Turkey Burger  
Sweet Potato  
Fries  
Fruit

Garlic Butter  
Shrimp  
Baked Potato  
Vegetable

Chicken Caesar  
Salad  
Breadstick  
Fruit

## DINNER

Grilled  
Steak and  
Avocado Salad  
with  
Blue Cheese,  
Tomatoes, and  
Onions

Soup and  
Sandwich  
Chefs Choice  
Soup  
Petite Chef Salad  
Ranch Dressing

B.E.L.T  
Sandwich  
(Bacon, Egg,  
Lettuce, Tomato)  
Multigrain Chips  
Fruit

Grilled Chicken  
Sandwich  
Sweet Potato  
Fries  
Fruit

Egg Salad on  
Wheat Bread  
Chips  
Fresh Fruit

Chefs Choice  
Soup  
Deli Turkey  
and Cheese  
Sandwich  
Lettuce,  
Tomato with  
Light  
Mayonnaise  
Sweet Potato  
Chips

Baked Potato w/  
Bacon, and  
Cheese  
Sour Cream  
Broccoli

**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

*Engel Haus*