



**January/February 2023** 

# **ENGEL HAUS NEWS**

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www.Guardianangelsmn.org



"The new year stands before us, like a chapter in a book, waiting to be written." ~ Melody Beattie

Looking back at 2022, Engel Haus residents and staff made so many new memories! Residents soaked up some sun on the new front patio, they partied hard at the summer picnic with their families, and started the holidays with a visit from Santa himself! From all the staff at Engel Haus, thank you for choosing to make memories here with us.

Already in the New Year, residents and their families have participated in the Family and Residents Councils. This is a great way to open the lines of communication and voice suggestions on ways that we can continue to make Engel Haus an amazing place to live! Watch the activity calendar and family email for notifications on upcoming meetings.

Wishing you and your family a happy and healthy 2023!

Karisa Hoeft

Administrator





















#### **Dementia Care Support Group**

Join us at Engel Haus 10:00am-11:00am in our Lions Den

**UPCOMING TOPICS:** 

January 9th---Sleep and Dementia

February 13th—What is Mild Cognitive Impairment

March 13th—Importance of Social Engagement

For more information please contact:

Erin VanValkenburg at 763-270-3492

evanvalkenburg@ga-er.org

Providing emotional, educational and social support to individuals caring for people with all types of dementia





Wishing everyone a Happy New Year! Hope you all had a wonderful Christmas! My first few months here at Engel Haus have surely flown by. December was a busy month. I'm just so amazed by how generous the community is around us. We had so many donations, gifts and cards, dropped off for the residents. Many people/groups came out to do caroling and performances including, Albertville Mom Club, Home Schooled Kids Group, St. Paul Lutheran Church and a Piano concerts, Dance performance by KMC Dance Company, just to name a few. We had a lovely Christmas Party on the 20th. Residents enjoyed wonderful live entertainment by Lars Carlson, a gift for every resident, visits

with Santa, and a delicious Christmas meal prepared by Chef Brian and his team. I want to give a huge shout out to April with Home Instead Senior Care for organizing the Santa for a Senior program and making it possible for everyone to have a present to open. On Christmas day Ginelle Peterson with the Lions Club wanted to make sure the resident received something on Christmas day. So they came in and delivered a present to everyone! It really brightened the residents' day and they are so grateful for their generosity.

Going into January and February we have our first resident and family council meeting. For the month of January we will be switching Pokeno to Tuesday nights at 5:45 instead of Wednesday nights. Hopefully in the month of February we will switch back to normal schedule. I've also added a coloring group that will be on Wednesdays in January at 5:45. The outings we have scheduled so far are:

1/11 Target

1/20 Amore Ice Cream

1/25 Dollar Tree

1/27 Walmart

2/8 Walmart

2/17 Lunch at D. Michael B's

2/22 Marshalls

Have a Blessed New Year in 2023!

Brianna Freund, Activity Coordinator





# Engel Haus would like to extend a huge thank you to the following organizations, companies and individuals for their support and generosity:

- Thank you to St Alberts for Catholic service on the 2nd Friday of every month.
- Thank you to Word of Peace for services every 4th Thursday.
- Thank you to Chris from Catholic Services from Albertville for coming every Saturday.
- Thank you to Jean & Steve for running rosary every Monday & Wednesdays.
- Thank you to our pet therapy dogs Thor & Rosie for your weekly visits.
- Thank you to Meiny for playing music every Tuesday in memory care
- Thank you to Otsego 4-H club for the craft donation
- Thank you to The STMA Business Professional of America for decorating resident doors.
- Thank you to the STMA Rotary Club for the beautiful poinsettia donations.
- Thank you to Home Instead for facilitating the Be a Santa to a Senior program and all who donated the generous gifts.
- Thank you to KMC Dance Company for the wonderful performance.

• Thank you to ALL the community members who came to share their time and talents with us to make the Christmas season special.



## Please Welcome Our New Residents to Engel Haus:

Wally & Lois



## We remember...

We extend our thoughts and prayers to the friends and families of those who passed away recently:

Pinky H, Don W. Mary S. Roy S, Bob W.













Wow! We are blessed at Engel Haus. Residents were showered with donations from the community as well as enjoyed numerous performances of music, dancing and singing. Thank you to all who helped make Christmas special at Engel Haus. On behalf of myself and all the Engel Haus staff thank you to residents and families for to the beautiful cards, nice words and goodies that were given in appreciation. We felt the love. Engel Haus currently does have a few openings at this time. Please contact me for more information. 763-270-3485

## **Guardian Angels Mission Statement**

Guardian Angels provides exceptional healthcare, housing and supportive services to seniors and their families in the spirit of Christ's love.



## **JOKE TIME!**









### Greetings from the kitchen

I want to thank the culinary staff for making the Christmas party a success. I heard rave reviews from many. I'm excited to announce we launched a new bistro menu. You will still see the favorite items on the menu as well as a few new additions.

Just a friendly reminder if you are going to have a guest eat lunch with you please order by 11:00 a.m to give the kitchen adequate time to prepare.

We are planning some fun treats for Valentines and St. Patrick's Day. We hope you will enjoy.

Please feel free to contact me with any comments or suggestions.

Brian Brantner
Culinary Manager





## Enjoy the Community Amenities at Engel Haus Senior Living:

- -Beauty Salon
- -Planned Activities
- -The Lions' Den party lounge
- -Home-style cuisine
- -Studio, 1 & 2 bedroom Apartments
- Caring and friendly staff
- -Nursing & Housekeeping Services
- -WIFI & Satellite TV packages
- -Library
- -Fitness room & Pool Table Room
- -Independent, Assisted Living and Memory care options.



If interested in a tour or information about Engel Haus please contact Jay-Jay Chan at 763-270-3485

