

Daily Chef Specials

September 29th-October 5th

Kitchen# 763-270-3487

SUNDAY 9/29

MONDAY 9/30

TUESDAY 10/01

WEDNESDAY 10/02

THURSDAY 10/03

FRIDAY 10/04

SATURDAY 10/5

BREAKFAST

Caramel Roll Scrambled Egg's Bacon Fruit	Choice of Egg's Bacon or Sausage Hashbrown's Pastry Fruit	Waffles Bacon Scrambled Egg's Fruit	Egg, Bacon, and Cheese Croissant Sandwich Hashbrowns Fruit	Pancakes Scrambled Egg's Sausage Fruit	Chef's Choice Omelet Bacon Pastry Fruit	French Toast Scrambled Egg's Sausage Fruit
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LUNCH

Dinner Roll Roast Turkey Mashed Potato Gravy Cranberry Sauce Vegetable Pumpkin Pie	Dinner Roll Beef Stroganoff over Egg Noodles Vegetable White Cake W/ buttercream and berries	Bacon-Wrapped Pork Tenderloin Apple-Bourbon Sauce Gouda Macaroni & Cheese Vegetable Cherry Turnover	Chicken Wild Rice Soup Turkey Club Sandwich Fruit Cheesecake	Western BBQ Burger Crispy Onion's Ranch Wedges Pickle Ice Cream	Beer Battered Shrimp French Fries Coleslaw Lemon And Tartar Fruit Pie	Garlic Cheddar Biscuits Boneless Pork Ribs Baked Beans Spiced Apples Blueberry Crisp
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DINNER

Buttered Bread Goulash Side Salad Ranch Dressing Cookie	Bean and Ham Soup Grilled Cheese Fruit Brownie	Rueben TaterTots Pickle Jell-O	Ham & Scalloped Potato Casserole Hot Sweet Roll Vegetable Dessert Bar	Chicken Drummies Mashed Potatoes &Gravy Buttered Corn Pudding	Split Pea & Ham Soup BLT on White Bread Fruit Cookie	Hawaiian Ham Sliders Pasta Salad Melon Wedge Ice Cream Treat
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Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus

Lighter Side Specials

September 29th-October 5th

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SUNDAY 9/29

MONDAY 9/30

TUESDAY 10/01

WEDNESDAY 10/02

THURSDAY 10/03

FRIDAY 10/04

SATURDAY 10/5

BREAKFAST

Oatmeal
With Berries,
Honey and
Walnuts
Muffin
Yogurt
Fruit

Avocado
Toast
Scrambled
Egg's
Low Sodium
Bacon
Fruit

Cold Cereal
Muffin
Yogurt
Fruit

Scrambled
Egg's
Low Sodium
Bacon
Wheat Toast
Fruit

Oatmeal
With Raisins,
Brown Sugar
and Walnuts
Muffin
Yogurt
Fruit

Omelet
With Veggies
Cheese
Wheat Toast
Low Sodium
Bacon
Fruit

Whole Wheat
French Toast
Topped with
Fruit
Low Sodium
Bacon

LUNCH

Sesame Glazed
Salmon
Fried Rice
Vegetable

Oriental Salad
Egg Roll
Fruit

Chicken Stir Fry
Brown Rice
Fruit

Chefs Choice
Soup
Tuna Melt on
Wheat
Fruit

Turkey Sloppy
Joes Wheat
Bun
Side Salad

Grilled Chicken
Breast
Side Salad with
Light Ranch
Dressing
Fruit

Garlic Broiled
Shrimp
Baked Potato
Vegetable

DINNER

Chicken Salad on
Wheat
Spinach Salad
Vinaigrette

Chefs Choice
Soup
Ham and Swiss on
Wheat
Fruit

Rachel
Sweet Potato Tot's
Fruit

Grilled Chicken
Nuggets
Sweet Potato
Fries
Light Ranch
Dipping Sauce

Steak and Noodle
Stir-Fry
Fresh Fruit

Chefs Choice
Soup
Turkey and
Cheddar on
Wheat
Fruit

Loaded Baked
Potato
Broccoli
Fruit

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus