

Daily Chef Specials

October 20th-October 26th

Kitchen# 763-270-3487

SUNDAY 10/20

MONDAY 10/21

TUESDAY 10/22

WEDNESDAY 10/23

THURSDAY 10/24

FRIDAY 10/25

SATURDAY 10/26

BREAKFAST

Cinnamon Roll Scrambled Egg's Bacon Fruit	Choice of Egg's Bacon or Sausage Hashbrown's Pastry Fruit	Waffles Bacon Scrambled Egg's Fruit	Sausage and Potato Skillet Scrambled Egg's Pastry Fruit	Pancakes Scrambled Egg's Sausage Fruit	Chef's Choice Omelet Bacon Pastry Fruit	French Toast Scrambled Egg's Sausage Fruit
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LUNCH

Dinner Roll Carved Ham with Cherry Sauce Au Gratin Potatoes Vegetable Wild berry Pie	Dinner Roll Swedish Meatballs Egg Noodles Vegetables Red Velvet Cake	Cheddar Biscuit BBQ Glazed Boneless Ribs Mac and Cheese Baked Beans Butterscotch Pie	Soup Of The Day Herb Focaccia with Ham, Salami and Provolone Melt Toffee Cheesecake	Bacon Cheese Burger Potato Salad Pickle Ice Cream Treat	Stewed Chicken over Dumplings with Vegetable's Pineapple upside down Cake	Country Fried Pork Fritter Mashed Potato Country Gravy Vegetable Cream Puff
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DINNER

Buttered Bread Goulash Fruit Garnish Brownie	Soup Of The Day Ham & Cheese Melt Cookies	Beef Taco's Refried Beans Sour Cream and Salsa Mini Donuts	BBQ Pulled Pork Tater-Tots Coleslaw Pudding	Boneless Chicken Wings Celery & Carrot Sticks Ranch Dressing Jell-O	Soup Of The Day Bacon and Tomato Grilled Cheese Sandwich Ice Cream	Lasagna Garlic Breadstick Vegetable Rice krispies
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Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus

Lighter Side Specials

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MONDAY 10/21

TUESDAY 10/22

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THURSDAY 10/24

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SATURDAY 10/26

BREAKFAST

Oatmeal
With Berries,
Honey and
Walnuts
Muffin
Yogurt
Fruit

Avocado Toast
Scrambled
Egg's
Low Sodium
Bacon
Fruit

Cold Cereal
Muffin
Yogurt
Fruit

Scrambled
Egg's
Low Sodium
Bacon
Wheat Toast
Fruit

Oatmeal
With Raisins,
Brown Sugar
and Walnuts
Muffin
Yogurt
Fruit

Omelet
With Veggies
Cheese
Wheat Toast
Low Sodium
Bacon
Fruit

Whole Wheat
French Toast
Topped with
Fruit
Low Sodium
Bacon

LUNCH

Strawberry and
Spinach salad
Blue Cheese,
Chicken and
walnuts
Raspberry
Vinaigrette

Rueben on Whole
Grain Bread
Fresh Fruit

Lemon Pepper
Baked Cod
Mixed Green
Garden Salad
with
Vinaigrette

Chefs Choice
Soup
Blt on Whole
Grain Bread
Fruit

California
Grilled Chicken
Sandwich
Sweet Potato
Tots
Fruit

Baked Tilapia
With Lemon
and Tartar
Sauce
Quinoa Rice
Blend
Vegetables

Steamed
Shrimp
Cocktail Sauce
Sweet Potato
Tot's
Vegetable

DINNER

SpinachBLT
WholeGrain
Bread
CottageCheese
FruitGarnish

Soup and
Sandwich
Chefs Choice Soup
Grilled Cheese on
Whole Grain
Bread

ChickenTaco
Salad
FreshSalsa
SweetPotato
Chips

Loaded Baked
Potato
Broccoli
Fruit

Mixed Green
Salad
Berries, Oranges,
Walnuts, Hard
boiled Eggs
Poppy-seed
Dressing

Soup
Deli Turkey and
Cheese
Sandwich
Sweet Potato
Chips

Grilled Steak
Caesar Salad
Wheat Bread
Stick
Fruit

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus