




# May 2024

## Engel Haus Independent & Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	<b>Key:</b> C- Chapel (2 <sup>nd</sup> Floor) ALD- Assisted Living Dining Room (2 <sup>nd</sup> Floor) LD- Lion's Den (1 <sup>st</sup> Floor) B- Bistro (1 <sup>st</sup> Floor) L- Library (2 <sup>nd</sup> Floor)	<b>May Birthdays:</b> 5/9 Kathy T. 5/11 Jerry D. 5/22 Gin F. 5/27 Jan R. 	10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Steve (C) 1:10 Twins vs. White Sox (TV) 1:30 Water Coloring w/ Lori (ALD) 2:30 Kaffee & Kuchen (B) 5:30 Coloring Group (ALD)	10:00 Worship Service w/ Pastor Mike (C) 1:00 Bible Study (ALD) <b>2:30 Outing: Elk River Indoor Farmers Market</b> 2:30 Kaffee & Kuchen (B) 3:00 Music w/ Mary (ALD) 5:30 Bingo (ALD)	10:00 Resident Council Meeting (Members Only) 10:45 Manicures (ALD) <b>2:30 Happy Hour w/ Music By: Diane &amp; Lee Duo (ALD)</b> 5:30 Movie Night "Just the Ticket" (ALD TV) 7:10 Twins vs. Red Sox (TV)	10:00 Catholic Services (C) 12:45 Trivia (ALD TV) 1:10 Twins vs. Red Sox (TV) 2:30 Kaffee & Kuchen (B) 3:00 Horse Racing (ALD) 5:30 Resident Led Bingo (ALD)
5	6	7	8	9	10	11
10:30 St. Michael Catholic Mass- Streamed w/ Communion (C) 1:10 Twins vs. Red Sox (TV) 1:30 Bingo (ALD) 2:30 Kaffee & Kuchen (B) 5:30 Independent Card Club (ALD)	<b>8:30 Outing: Breakfast at Denny's</b> 10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Jean (C) 2:00 Affinity Hearing (LD) 2:30 Kaffee & Kuchen (B) 5:30 Movie Night "Step Mom" (ALD TV) 6:40 Twins vs. Mariners (TV)	10:00 Choir Practice w/ Linda (C) 10:00-12:00 Covid Vaccine Clinic (LD) 1:00 Water Coloring w/ Lori (ALD) 2:30 Kaffee & Kuchen (B) 3:00 Scrabble (ALD) 5:30 Pokeno (ALD) 6:40 Twins vs. Mariners (TV)	10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Steve (C) <b>2:00 Outing: Target</b> 2:30 Kaffee & Kuchen (B) 5:30 Coloring Group (ALD) 6:40 Twins vs. Mariners (TV)	10:00 Worship Service w/ Pastor Mike (C) 12:10 Twins vs. Mariners (TV) 1:00 Bible Study (ALD) 2:30 Kaffee & Kuchen (B) 3:00 Music w/ Mary (ALD) 5:30 Bingo (ALD)	8:00 Podiatrist (Beauty Shop) 9:30 Door Haning Craft (ALD) <b>2:00 Mother's Day Tea Party w/ Music By: Lars Carlson (ALD)</b> 5:30 Musicals w/ Frank "Ballet and Broadway Part 1" (ALD TV) 6:00 Twins vs. Blue Jays (TV)	10:00 Catholic Services (C) 12:45 Word Games (ALD TV) 2:00 Twins vs. Blue Jays (TV) 2:30 Kaffee & Kuchen (B) 3:00 Horse Racing (ALD) 5:30 Resident Led Bingo (ALD)
12	13	14	15	16	17	18
10:30 St. Michael Catholic Mass- Streamed w/ Communion (C) 12:30 Twins vs. Blu Jays (TV) 1:30 Bingo (ALD) 2:30 Kaffee & Kuchen (B) 5:30 Independent Card Club (ALD) 	10:00 Dementia Support Group (LD) 10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Jean (C) <b>2:00 Accordion w/ Linda (ALD)</b> 2:30 Kaffee & Kuchen (B) 3:00 Manicures (ALD) <b>5:30 "MEET" Raffle (ALD)</b>	10:00 Social w/ Stacy (B) 1:00 Water Coloring w/ Lori (ALD) 2:30 Kaffee & Kuchen (B) 3:00 Scrabble (ALD) 5:30 Pokeno (ALD) 6:40 Twins vs. Yankees (TV)	10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Steve (C) 1:30 Trivia (ALD TV) 2:30 Kaffee & Kuchen (B) <b>3:00 Outing: Dollar Tree</b> 5:30 Coloring Group (ALD) 6:40 Twins vs. Yankees (TV)	10:00 Worship Service w/ Pastor Mike (C) 12:10 Twins vs. Yankees (TV) 1:00 Bible Study (ALD) 2:30 Kaffee & Kuchen (B) 3:00 Music w/ Mary (ALD) 5:30 Bingo (ALD)	10:00 Catholic Mass (C) 10:45 Exercise w/ Sue (ALD) <b>2:30 Birthday Party w/ Music By: Tom Paquin (ALD TV)</b> 5:30 Movie Night "Fried Green Tomatoes" (ALD TV) 6:10 Twins vs. Guardians (TV)	10:00 Exercise w/ Aimee (ALD) 12:45 Trivia (ALD TV) 2:30 Kaffee & Kuchen (B) 3:00 Horse Racing (ALD) 5:10 Twins vs. Guardians (TV) 5:30 Resident Led Bingo (ALD)
19	20	21	22	23	24	25
10:30 St. Michael Catholic Mass- Streamed (C) 12:40 Twins vs. Guardians (TV) 1:30 Bingo (ALD) 2:30 Kaffee & Kuchen (B) 5:30 Independent Card Club (ALD)	10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Jean (C) 2:30 Eye West (B) 2:30 Kaffee & Kuchen (B) 3:00 Manicures (ALD) 5:45 Movie Night "City of Angels" (ALD TV) 5:30 Twins vs. Nationals (TV)	10:00 Choir Practice w/ Linda (C) 1:00 Water Coloring w/ Lori (ALD) 2:30 Kaffee & Kuchen (B) 3:00 Scrabble (ALD) 5:30 Pokeno (ALD) 5:45 Twins vs. Nationals (TV)	10:45 WOW Fitness w/ Holly (ALD) 12:05 Twins vs. Nationals (TV) 1:00 Rosary w/ Steve (C) <b>2:00 Outing: Walmart</b> 2:30 Kaffee & Kuchen (B) 5:30 Coloring Group (ALD)	10:00 Word of Peace- Lutheran Worship Service (C) 1:00 Bible Study (ALD) 2:30 Kaffee & Kuchen (B) 3:00 Music w/ Mary (ALD) 5:30 Bingo (ALD)	10:15 Exercise w/ Sue (ALD) <b>2:00 Outing: Amore Ice Cream Shope</b> 2:30 Kaffee & Kuchen (B) 5:30 Musicals w/ Frank "Ballet and Broadway Part 2" (ALD TV) 7:10 Twins vs. Rangers (TV)	10:00 Catholic Services (C) 12:45 Word Games (ALD) 1:10 Twins vs. Rangers (TV) 2:30 Kaffee & Kuchen (B) 3:00 Horse Racing (ALD) 5:30 Resident Led Bingo (ALD)
26	27	28	29	30	31	
10:30 St. Michael Catholic Mass- Streamed (C) 1:10 Twins vs. Rangers (TV) 1:30 Bingo (ALD) 2:30 Kaffee & Kuchen (B) 5:30 Independent Card Club (ALD)	10:15 Exercise w/ Sue (ALD) 1:10 Twins vs. Royals (TV) 2:30 Kaffee & Kuchen (B) 3:00 Bean Bags on the Patio (Back Patio) 5:30 Movie Night "Atonement" (ALD TV) <b>MEMORIAL DAY</b> <small>Remember and Honor</small>	10:00 Exercise w/ Sue (ALD) 1:00 Water Coloring w/ Lori (ALD) <b>2:30 Men's Group (LD Men Only)</b> 2:30 Kaffee & Kuchen (B) 3:00 Scrabble (ALD) 5:30 Pokeno (ALD) 6:40 Twins vs. Royals (TV)	10:45 WOW Fitness w/ Holly (ALD) <b>11:30 Outing Lunch: D Michael B's</b> 1:00 Rosary w/ Steve (C) 2:00 Manicures (ALD) 2:30 Kaffee & Kuchen (B) 5:30 Coloring Group (ALD) 6:40 Twins vs. Royals (TV)	10:00 Worship Service w/ Pastor Mike (C) 12:10 Twins vs. Royals (TV) 1:00 Bible Study (ALD) 2:30 Kaffee & Kuchen (B) 3:00 Music w/ Mary (ALD) 5:30 Bingo (ALD)	10:30 Exercise w/ Sue (ALD) <b>2:30 Happy Hour w/ Music By: Scott Fraser (ALD)</b> 5:30 Movie Night "The Shawshank Redemption" (ALD TV) 7:10 Twins vs. Astros (TV)	<b>Activity Director:</b> Brianna Freund Direct: 763-270-3489 Email: bfreund@ga-er.org  All activities and outings are subject to change. Check whiteboards for daily changes.

## Key

**C-** Chapel (2<sup>nd</sup> Floor)

**ALD-** Assisted Living Dining Room (2<sup>nd</sup> Floor)

**LD-** Lion's Den (1<sup>st</sup> Floor)

**B-** Bistro (1<sup>st</sup> Floor)

**L-** Library (2<sup>nd</sup> Floor)

## Outings

Outing lists come out when the new monthly calendars come out. To get your name on the list please sign-up at the front desk. Sign-up is first come first serve.

## Activities

All activities and outings are subject to change. Please check white boards of daily updates or changes.

## Kaffee & Kuchen

Kaffee & Kuchen is daily at 2:30 located in the bistro. Come have a cup of coffee, treats and fellowship.

## WOW Fitness

WOW stands for Wellness on Wheels. This class is on Monday's and Wednesday's. Holly from Club GA comes to lead a 30-minute full body workout for all levels.

## Affinity Hearing

For those with hearing aides this is a free service through Affinity Hearing. They come in on the 1<sup>st</sup> Monday of each month at 2:00 in the Lion's Den. They will check to make sure they are working properly, clean, and replace parts.

## Eye West

Eye West come every other month on the 3<sup>rd</sup> Monday at 2:30 in the Bistro. This is a free service they will tighten, clean, put new nose pads on your glasses etc.



## Resident Council

Co-Chairpersons:

- Frank Mcilmail
- Kathy Theis

Members:

- Barb Christenson
- Lois Hedlund
- Joan Kauphusman
- Maggie Miller
- Denny Yerxa

The council meets every month on the first Friday. If you have something you would like them to discuss at their next meeting, please let one of the members know.

If you are interested in joining the council, let one of the co-chairpersons know.

## Activity Director

Brianna Freund

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Email: bfreund@ga-er.org