



LIGHTER SIDE SPECIAL'S

May 21st- May 27th

Dining Room Hours
Breakfast: 7:30 AM-9:00 AM
Lunch: 11:30 AM-12:30 PM
Supper: 4:30 PM-5:30 PM

B R E A K F A S T

Sunday 5/21	Monday 5/22	Tuesday 5/23	Wednesday 5/24	Thursday 5/25	Friday 5/26	Saturday 5/27
Oatmeal Fresh Berries Muffin Fruit	Poached Egg's on Avocado Toast Turkey Sausage Fruit	Cream of Wheat with Honey Fruit Yogurt Muffin	Egg Scramble with Vegetables Whole Grain Toast Turkey Sausage Fruit	Oatmeal Raisins, and Walnuts Fresh Fruit Muffin	Cold Cereal Milk Hard Boiled Egg Fresh Fruit Muffin	Tomato and Egg White Frittata Whole Grain Toast Fruit



L U N C H



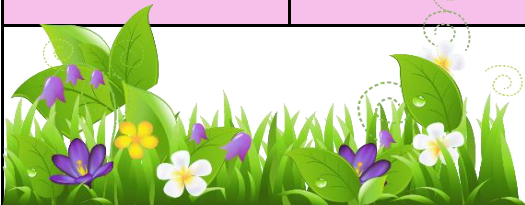
Turkey Rueben Sweet Potato Fries Fruit Garnish	Cobb Salad Light Ranch Dressing Wheat Breadstick	Lemon Pepper Tilapia Sweet Potato Lemon and Tatar Vegetable	Chef's Choice Soup Grilled Chicken Wrap Sweet Potato Chips Fruit	California Turkey Burger with Avocado Light Pasta Salad Fruit Garnish	Shrimp & Vegetable Stir fry with Brown Rice	Chicken Salad with Walnuts and Grapes On Wheat Bread Sweet Potato Chips Orange Wedge
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S U P P E R



Fish Sandwich Lettuce, and Tartar Sauce Sweet Potato Fries	Chef's Choice Soup Toasted Turkey Sandwich with Lettuce, Tomato, Light Mayo Fruit	Chicken Burrito Bowl Over Rice, Black Beans and Corn Salsa and Sour Cream	Chopped Salad with Steak, Chopped Egg, Onions, Tomatoes and Blue Cheese Light Ranch Dressing	BBQ Chicken Breast Baked Potato Vegetable	Chef's Choice Soup Grilled Cheese On Whole Grain Bread Fruit	Tuna Melt on Whole Grain Bread Side Salad w/ Light Ranch Dressing
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MENU SUBJECT TO CHANGE

Kitchen Number: 763-270-3487

