

# June 2023

## Journey Suites Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Daily Chronicles & Devotions Making Rice Krispies Patio Time UNO Social Hour	Daily Chronicles & Devotions 10:30 - Exercise Creative Coloring 2:00- Live Music by Loretta (AL) Social Hour	Daily Chronicles & Devotions Bingo Puzzles 1:1 Time Social Hour
4	5	6	7	8	9	10
Daily Chronicles & Devotions Worship Sing Along Mindful Coloring Social Hour	Daily Chronicles & Devotions 10:30 – Exercise Bingo Manicures Baking Bread Social Hour	Daily Chronicles & Devotions 1:45 – Cardio Drumming 3:30 – Music Therapy Short Stories Social Hour	Daily Chronicles & Devotions 9:00 - Eldergrow Go Fish Game & Fish Trivia Making Donuts Walk About Social Hour	Daily Chronicles & Devotions Scrabble Making Fleece No Sew Pillows Sing Along with Suzie Q Social Hour	Daily Chronicles & Devotions Bean Bag Toss (Back Yard) 10:30 - Exercise 2:00- Live Dance Performance (AL) Social Hour	Daily Chronicles & Devotions Bingo Puzzles 1:1 Time Social Hour
11	12	13	14	15	16	17
Daily Chronicles & Devotions Worship Sing Along Mindful Coloring Social Hour	Daily Chronicles & Devotions 10:30 – Exercise Bingo 1:30 – Crumble Cookies Flower Arranging Baking Bread Social Hour	Daily Chronicles & Devotions 1:45 – Cardio Drumming 3:30 – Music Therapy Short Stories Social Hour	Daily Chronicles & Devotions Making mini pizza's June Trivia Time Balloon Volleyball Walk About Social Hour	Daily Chronicles & Devotions 10:00 – Elk River Lutheran Church Service (Chapel) 1:30 – Painting with Suzie UNO Social Hour	Daily Chronicles & Devotions Coffee & Conversation on the Patio (AL) 10:30 - Exercise Mini Golf (Outside) 2:00- Live Music by Jim Waydula (AL) Social Hour	Daily Chronicles & Devotions Bingo Puzzles 1:1 Time Social Hour
18	19	20	21	22	23	24
Daily Chronicles & Devotions Worship Sing Along Mindful Coloring Social Hour	Daily Chronicles & Devotions 10:30 – Exercise Bingo Manicures Baking Bread Social Hour	Daily Chronicles & Devotions 1:45 – Cardio Drumming 3:30 – Music Therapy Short Stories Social Hour	9:00 - Eldergrow Daily Chronicles & Devotions 10:00 – Songs of Hope (AL) Making Rainbow Popsicles Walk About Social Hour	Daily Chronicles & Devotions Desk Drawer Detective Board Games Creative Coloring Social Hour	Daily Chronicles & Devotions Coffee & Conversation on the Patio (AL) 2:00- Live Music by Tom Paquin (AL) 10:30 - Exercise Social Hour	Daily Chronicles & Devotions Bingo Puzzles 1:1 Time Social Hour
25	26	27	28	29	30	
Daily Chronicles & Devotions Worship Sing Along Mindful Coloring Social Hour	Daily Chronicles & Devotions 10:30 – Exercise Bingo Manicures Baking Bread Social Hour	Daily Chronicles & Devotions 1:45 – Cardio Drumming 3:30 – Music Therapy Short Stories Social Hour	Daily Chronicles & Devotions Making Smores Balloon Volleyball Walk About Social Hour	Daily Chronicles & Devotions Qtip Bud Dandelions Painting UNO Painting with Watercolors Social Hour	Daily Chronicles & Devotions Coffee & Conversation on the Patio (AL) 10:30 - Exercise 2:00- Live Music by Squezzzy Wes (AL) Social Hour	Daily Chronicles & Devotions Bingo Puzzles 1:1 Time Social Hour